

## WHO WE ARE...

**The mission** is “to provide world-class, community-based, holistic care to the warrior and his or her support group.”

**The purpose** is “to meet our veterans and their families where they are in their journey and assist them in the ways they need.”

**The method** is “to be a ‘one-stop shop’ for services and support to veterans and their families.

**The geographic focus** currently is a 30-mile radius of Fayetteville GA. However, we will not turn any warrior away, regardless of his or her physical location.

Our **Tag line**:

While other organizations provide veterans with an **escape** from reality, The Eden Project provides veterans with the tools to **deal** with reality.

We operate as a “central hub” where we get veterans the assistance they need. If that help comes through a program we offer, great! If it needs to come from another agency, then we link the veteran to whoever can best help them.

Our primary emphasis is on **Engaging, Empowering, and Encouraging**, the warrior and his or her support system to promote and sustain the reintegration process. The transition from a military to a civilian career can be a difficult journey but it doesn’t have to be. It is made even more difficult if the warrior has experienced physical and/or emotional trauma, long or multiple deployments away from their family, or both. We believe the path starts with a foundation that consists of four essential pillars.

**Medical care**

**Family support**

**Purpose**

**Faith**

**Medical Care** – We do not provide direct medical care, but we can connect the warrior to medical professionals within our network.

**Family Support** – We offer programs that support communication and healthy relationships for couples.

**Purpose** – Everyone needs a purpose. We believe we are designed to have a purpose. Through our peer programs and use of the enneagram assessment, we help veterans find their purpose and thrive in their life after military service is over.

**Faith** – The Eden Project is not a faith-based organization, but we recognize faith is an integral part of every person. We do not push any one faith but encourage each person to find theirs and be strong in it.

All our pillars are addressed in every program, but specifically our Phoe<sup>3</sup>nix Force<sup>®</sup> peer program. The Phoe<sup>3</sup>nix Force<sup>®</sup> is our proprietary peer-to-peer group that has embodied the “rise out of the ashes” concept.

### **Services Provided**

- Reintegration Coaching
- PTS and TBI coping strategies
- Communication techniques
- Enneagram type identification
- Goal Setting
- Mindfulness coaching
- Volunteer and community service opportunities

Our primary focus area is a 30-mile radius of Fayette County GA. Although this is our primary focus, we will not turn a veteran away. We have worked with veterans in California, Michigan, Pennsylvania, and everywhere in between.

According to the VA, as of 2020, there were 178,118 military veterans living within this 30-mile radius of Fayetteville, Georgia. Many veterans return from service with emotional and physical conditions such as Traumatic Brain Injury (TBI), Post Traumatic Stress (PTS), amputations, and a host of other invisible wounds. These conditions raise the potential for, and the occurrence of, suicide, depression, anxiety, substance abuse, domestic violence, divorce, and unemployment. An estimated 13% of veterans (or 23,000 in this radius) live with PTS, and 11% (20,000) have a TBI. Many veterans have both PTS and a TBI. In addition, when we consider caregivers and family members, this number can exceed 50,000 people in our community who would benefit from “reintegration services” such as peer groups, couples’ programs, weekend retreats, mentoring, employment and education support, help with VA claims, crisis management, and conflict resolution techniques. All of which we offer. Many organizations address some of these needs, but most do not address root cause reintegration needs.

**Less than 4% of the warriors in this radius currently receive these services.**

Our goal is to create and provide a holistic, multi-disciplinary support network that facilitates reintegration that is tailored to each veteran and his or her family.

For the veteran, our goal is to increase their mental health, their awareness of themselves and their value, their coping skills and strategies, and their support system.

At the family level, our goal is to provide opportunities to strengthen relationships, develop resilient families, and increase their awareness of family-oriented reintegration tools and practices.

At the community level, our goals include raising awareness of veteran reintegration challenges, developing partnerships that increasingly treat reintegration as a community issue, providing data to identify mental health issues, and advocating for policies and laws that support veteran reintegration.

## Key information

Date founded February 2016

Organization Type 501 (c) 3 EIN 81-1456481  
DUNs 035256948

Eligibility requirements **Any Veteran from any era**

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